

NOVA A.C. Spring and Summer Calendar 2008

(last updated 5/05/08)

Dates in italics are tentative.

MARCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9 (DST Begins) <i>Training Starts 3:30-4:45pm Stone Bridge H.S.</i>	10	11 Training	12	13 Training	14	15
16 Training	17 Lo. Co. Spring Break	18 Lo. Co. Spring Break Training	19 Lo. Co. Spring Break	20 Lo. Co. Spring Break Training	21 Lo. Co. Spring Break	22
23 Easter Sunday No Practice	24	25 Training	26	27 Training	28	29
30 Training	31					

APRIL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Training	2	3 Training	4	5
6 Training	7	8 Training	9	10 Training	11	12
13 Chantilly Youth Meet	14	15 Training	16	17 Training	18	19
20 Training	21	22 Training	23	24 Training	25	26 Penn Relays On TV 2pm ESPN2
27 Training	28	29 Training	30			

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MAY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Training	2	3
4	5	6 Training	7	8 Training	9	10 <i>Mountain Express Invitational, Bonesboro MD</i>
11 Mother's Day Training	12	13 Training	14	15 Training	16	17 Scrimmage with LFTC - 3pm
18 Hershey Loudoun Meet Track on TV ESPN2 10pm	19	20 Training	21	22 Training	23	24
25 PVTC Meet #1 No training	26 Memorial Day Holiday	27 Training	28	29 Training	30	31 Track on TV ESPN2 8pm <i>Track Express Relays ?</i>

JUNE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Training Track on TV CBS 1.30pm	2	3 Training Purcellville group moves to Loudoun Valley HS track	4	5 Training	6 <i>LFTC Meet #2</i>	7 AAU States Suffolk, VA
8 AAU States Suffolk, VA PVTC Meet #2 Training	9	10 Training	11	12 Training	13	14 Hershey Districts Arlington, VA
15	16	17 Training Last day of school LCPS	18	19 Training	20	21
22 PVTC Meet #3 Training	23	24 Training	25	26 Training	27	28 Hershey State Meet. <i>Hummingbird Invitational Odenton, MD</i>
29	30					

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JULY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Training only by arrangement only from this date onward	2	3	4	5 PVTC Meet #4
6	7	8	9 AAU Regional, Marlboro, MD	10 AAU Regional, Marlboro, MD USATF Regional Rock Hill, SC	11 AAU Regional, Marlboro, MD USATF Regional Rock Hill, SC	12 AAU Regional, Marlboro, MD USATF Regional Rock Hill, SC
13 AAU Regional Marlboro, MD USATF Regional Rock Hill, SC	14	15	16	17	18	19 PVTC Meet #5 Cliff Wiley Baltimore, MD
20	21	22 USATF Nationals Omaha, NE	23 USATF Nationals Omaha, NE	24 USATF Nationals Omaha, NE	25 USATF Nationals Omaha, NE	26 USATF Nationals Omaha, NE
27 USATF Nationals Omaha, NE	28 AAU Junior Olympics Detroit, MI	29 AAU Junior Olympics Detroit, MI	30 AAU Junior Olympics Detroit, MI	31 AAU Junior Olympics Detroit, MI		

AUGUST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 AAU Junior Olympics Detroit, MI	2 AAU Junior Olympics Detroit, MI Hershey National Finals Hershey, PA